

CURRICULUM VITA
JUDITH L. NORMAN

PERSONAL

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Brigham Young University
Provo, UT 84602
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Salt Lake City, UT 84102
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EDUCATION

D.S.W. University of Utah, March 1990
Dissertation: "Responses of Two Depressive Subtypes to a
Combination of Cognitive Group and Medication Treatment"

M.S.W. University of Utah, 1978

University of Denver, 1976-1977
Graduate School of Social Work

B.S. Portland State University, 1972
History
Secondary Education Certificate

B.S. Brigham Young University, 1970
Psychology
Social Work, second major

Portland State University
Pre-med Major, 1966-1968

ACADEMIC EMPLOYMENT

Associate Professor Brigham Young University
1996-

Assistant Professor Brigham Young University
1990-1996
Courses Taught: Direct casework practice, models of
psychotherapy, cognitive therapy, assessment and intervention,

social policy, interventions with children and adolescents,
field/academia seminar.

Adjunct Professor University of Utah
1981-1986 Field Practicum Instructor

CLINICAL EMPLOYMENT

1990-2003 LDS Hospital Psych Resources
Clinical Affiliation / Staff

1986-1990 Wasatch Canyons Hospital
Clinical Social Worker: individual, group therapy with adults and
couples. Responsibilities included social histories, team treatment
coordinator, staff development and research, and discharge
planning.

1978-1986 The Children's Center
Clinical Social Worker: individual and group therapy with
children and adults. Responsibilities included supervision of child
therapists, presenting clinical material/training at staff meetings.

1978-1983 The Children's Center
Clinical Supervisor of a group home for pre-school and early
school-age children.

1977-1978 Division of Family Services, State of Utah
Social Work Trainee

1976-1977 Denver Colorado School District
Lakewood, Colorado
Social Work Trainee

1972-1976 University of Oregon Health Science Center
Psychiatry Department, Child Therapist

PROFESSIONAL PUBLICATIONS

Norman, J., Barnes S. and Bathori-Tartsi, Z. (2008). The rise of social work amidst Ukraine's
rapid social and political transitions. *International Social Work*, 51 (1). January.

Norman, J. (2008). Mental health assessment of at-risk children: an orphan sample. *Scientific
Herald of Uzhgorod National University. Seria: Pedagogics, Social Work.*

- Norman, J., Barnes S. and Bathori-Tartsi, Z. (2006). Psychiatric symptoms of orphans compared to public school children in Ukraine. *Scientific Herald of Uzhgorod Natural University. Seria: Pedagogics, Social Work*, 10, 72-74.
- Norman, J., (2005) Book Review. What Works in Probation and Youth Justice: Developing Evidence Based Practice, by Ros Burnett and Colin Roberts (Eds.). *International Criminal Justice Review*, 15 (2). November
- Norman, J.L. and Hintze, H. (2005). A sampling of international practice variations. *International Social Work*, 48 (5), Summer.
- Norman, J.L. (2004). Gender bias in the assessment and treatment of depression. *International Journal of Mental Health* , Vol. 33, No. 2, Summer.
- Norman, J.L. (2001). Individualism and modern psychotherapy: Response. Critical issues in psychotherapy. Thousand Oaks, California: Sage Publications
- Norman, J.L. (2000). Narrative Construction in Arresting the Impact of Post-Traumatic Stress Disorder. *Clinical Social Work Journal*, 28 (3), Fall.
- Norman, J. and Gerdes, K. (1998). Teaching students the breadth of gay and lesbian identity development. *Journal of Teaching in Social Work*, 17 (1/2).
- Norman, J.L. and Wheeler, B.R. (1996). Gender-sensitive practice: A model for education. *Journal of Social Work Education*, 32 (2).
- Norman, J.L. (1995). Culturally sensitive implementation of cognitive therapy in treating depression. *Journal of Multicultural Social Work*, 4 (2).
- Norman, J. and Lowry, C.E. (1994). Evaluating inpatient treatment for women with clinical depression. *Research on Social Work Practice*, 5, (1).
- Norman, J. (1994). Book Review. Psychological Aspects of Depression: Toward a Cognitive, Interpersonal Integration, Gotlib, I.H. and Hammen, C.L. *Families in Society*, 75 (4).
- Norman, J. and Rosvall, S.B. (1994). Help-seeking behavior among mental health practitioners. *Clinical Social Work Journal*, 22, (4).
- Fraser, M.W., Lewis, R.E., and Norman, J.L. (1990). Research education in MSW programs: An exploratory analysis. *Journal of Teaching in Social Work*, 4(2), 83-103.

BOOK CHAPTER

- Norman, J. (1997). Awake my soul: Awareness and treatment of depression. Clothed with Charity, Salt Lake City, Utah: Deseret Book

SCHOLARLY PRESENTATIONS/REFEREED

Norman, J. (2007). Challenges and Benefits of International Collaboration: An Orphan Study in Ukraine. Council on Social Work (CSWE) Annual Program. San Francisco. October.

Norman, J. (2007). Mental Health Assessment of At-Risk Children: An Orphan Sample. International Scientific-Practical Conference: Social and Pedagogical Support of Children of "Risk" Groups. Uzhgorod National University, Ukraine. (October).

Norman, J. and Barnes, S. (2006) Psychiatric Symptoms in Orphans Compared to Public School Children in Ukraine. International Scientific-Practical Conference: The Social and Legal Defense of National Minorities in Ukraine and Abroad. Uzhgorod National University, Ukraine. (September).

Norman, J.L. (2005, September). Depression and Suicide in Children and Adolescents. International Scientific-Practical Conference: The Social and Legal Defense of Children. Uzhgorod National University, Ukraine. (September).

Norman, J.L. (2004, June). Juvenile Justice: Relationship to mental health status and suicide. International Conference on Social Sciences. Honolulu, Hawaii.

Norman, J.L. (2001, July). Bias and myth-making in the diagnosis and treatment of depressed women and men. International Conference on Social Work in Health and Mental Health. Tampere, Finland.

Gray, D., Konkel, K., Achilles, J., & Norman, J.L. (2000, Oct.). Juvenile offenders: Suicide risk and psychiatric symptoms. American Association of Child and Adolescent Psychiatry. Annual Meeting. New York, New York.

Norman J.L. (1998). Constructive narrative and cognitive therapy in arresting the impact of PTSD and extreme stress. Joint World Congress of the International Association of Schools of Social Work and the International Federation of Social Work. Jerusalem, Israel.

Wheeler, B.R. and Norman, J.L. (1993, November). Toward a framework of evaluating female mental health. Paper presented at the Annual Conference, National Association of Social Workers, Orlando, Florida.

Norman, J.L. (1992, July). Culturally sensitive implementation of cognitive therapy in treating depression. Conference Proceedings of the International Association of Schools of Social Work, Washington, D.C.

Norman, J.L. (1992, January). Culturally sensitive use of an interactional model for assessing and treating depression. International Conference on Social Work and the Future in Developing Countries, Cairo, Egypt.

PRESENTATIONS/INVITED

Norman, J.L. (2005, September). Literature for the Clinical Practitioner. School of Social Work Alumni Conference. Brigham Young University, Provo, Utah.

Norman, J.L. (2004, Oct.) The interactional biopsychosocial model of assessment and treatment. Brain Injury Association of Utah, Family and Professional Conference, Ogden, Utah.

Norman, J.L. (2004, April). History of social work in the United States. Department of Social Work. Uzhgorod, Ukraine.

Norman, J.L. (2004, April). Clinical interventions with children and adolescents. Department of Social Work. Uzhgorod, Ukraine.

Norman, J.L. (2004, April). Youth suicide. Department of Social Work. Uzhgorod, Ukraine.

Norman, J.L. (2004, June). Social work and social services in the Ukraine. LDSFS. Provo, Utah.

Norman, J.L. (2003, Oct). The many faces of depression. Families Under Fire Conference. Brigham Young University. Provo, Utah.

Norman, J.L. (2002, Nov). Gender bias in the assessment and treatment of depression in women: International and individual issues. Women's Research Institute, Women's Studies Colloquium Series, Brigham Young University. Provo, Utah.

Norman, J.L. (2001, May). Youth Suicide. Annual Conference of Agencies and Organizations Serving Troubled Youth. Snowbird, Utah.

Norman, J.L. (1999, Oct). Individualism and Modern Psychotherapy. Response Paper. Critical Issues in Psychotherapy Conference. Brigham Young University. Provo, Utah.

Norman, J.L. and Segal, R.A. (1991, March). New conceptual ideas in psychotherapy. Depression and Suicide Update Conference. Salt Lake City, Utah.

Norman, J.L. (1991, Oct). An Interactional Model of Assessing and Treating Depression. BYU School of Social Work Field Supervisor Workshop. Provo, Utah.

Norman, J.L. and Segal, R.A. (1990, May-June). Depression: Assessment and Treatment. National Association of Social Workers, Ashville, North Carolina and Miami, Florida.

BOOK OR JOURNAL ARTICLE REVIEWS

Editorial Review Board (2004 - 2007). The Clinical Supervisor.

Norman, J.L. (2004). Review. Experiences of group culture and patterns of interaction in psychotherapy supervision groups. The Clinical Supervisor, Editor, Lawrence Shulman.

Norman, J.L. (2002). Review. Social Work Practice: A Generalist Approach by Louise Johnson and Stephen Yanca for Allyn & Bacon Publishers.

Norman, J.L. (1998). Review. Effectiveness of a model: Research on brief structured group treatment of depression. Research on Social Practice, Editor, Bruce A. Thyer.

Norman, J.L. (1994). Review. Psychological Aspects of Depression: Toward a Cognitive, Interpersonal Integration by Gotlib, I.H. and Hammen, C.L. Published in Families in Society, 75 (4).

Norman, J.L. (1993). Review. Social Work Practice: A Generalist Approach by Louise Johnson for Allyn & Bacon Publishers.

TEACHING

SW 362 Direct practice skills with individuals: Professional Code of Ethics, interviewing, psychosocial histories, Assessment, treatment planing, cultural/diversity competence, social justice, micro/macro link, for undergraduate students.

SW 611 Clinical supervision of first year graduate students with individual cases (Comprehensive Clinic).

SW 655R Academic Field Seminar: bridging classroom learning and field practice (internships) for first and second year graduate students.

SW 660 Direct practice skills with individuals: Professional Code of Ethics, professional relationship, interviewing, psychosocial histories, assessment, treatment planning, cultural/diversity competence, social justice, micro/macro link for graduate students.

SW 661 Models of Psychotherapy: Framework for assessment then selection of an appropriate intervention modality, overview of major models, the applications thereof, as well as the strengths and limitations/inclusion, exclusion criteria of each.

SW 666 Advanced Practice: Assessment and Intervention. A biosychosocial model for extensive assessment and appropriate intervention. Thorough assessment leads to the most appropriate intervention.

- SW 667 Advanced Practice: Interventions with Children and Adolescents. Therapeutic strategies, relationship skills, and developmental perspective for clinical practice with children, adolescents, and their families.
- SW 672 (Elective) Cognitive Therapy: Principles of cognitive theory and therapy for direct clinical practice.
- (2002) Faculty Writing Workshop: Writing Across the Curriculum, Brigham Young University, May 20-24.

STUDENT RESEARCH PROJECTS, HONORS THESIS, MENTORING

- (2007) Bergeron, Penny, “Psychiatric Symptoms of Orphans Compared to Public School Children in Ukraine. Fulton Mentored Learning Conference. Brigham Young University (April).
- (2006) Dahlin, Samuel, “The Roles of Recreation and Perceived Support in the Treatment of Adolescents With Substance Abuse and Other Mental Health Problems.” Doctoral Dissertation, Department of Marriage and Family Therapy, Committee Member.
- (2006) Barnes, Summer, “Psychiatric Symptoms of Orphans Compared to Public School Children in Ukraine.” Published; *Scientific Herald of Uzhgorod National University. Seria: Pedagogics*, Social Work. Masters of Social Work mentored research project (RA).
- (2006) Nelson, Mary Jane, “ Foster and Kin Care: A Comparison of Services, Supports, and Resources.” Masters of Social Work Research Project, Committee Member.
- (2005) Wood, Nicola, “When She is Gone: Childcare Plans of Mozambican Mothers With Terminal Illness.” Masters of Social Work Research Project, Committee Member.
- (2005) Blair, Julie, “Protecting Our Children: The State’s Role in Health and Safety. Masters of Social Work Research Project, Committee Member.
- (2004) Dahlin, Samuel, “Efficacy of multidimensional family therapy for adolescents in residential treatment.” Dissertation Proposal, Department of Marriage and Family Therapy.
- (2002) Hintze, Heather & Norman, J.L., “International Practice Variations.” Published in International Journal of Social Work.
- (2001) Allen, Amber, “The Use of Positive Reinforcement in Children with Behavioral Problems.” (Undergraduate Honors Thesis).
- (2001) Baldwin, Jeana. “Are Minority Clients Being Served Effectively?” (Undergraduate Multicultural Research Project).

(2001) Review of article, "Treatment for Major Depression." Insight (BYU Undergraduate Honors magazine).

(2000) Sandberg, Karen. Faculty mentor for international field experience, IFS (Undergraduate).

GRANTS

2005-2007 FHSS College Research Funding, "Children Without Parents: The Cost of Current Social Conditions in Ukraine." \$4650

1994-1995 Women's Research Institute award: "The Relationship Between Social Supports, Socioeconomic Status and Specific Depressive Criterion Among Women in Urban and Rural Populations."

1994-1995 College of Family, Home, and Social Sciences award: "The Relationship Between Social Supports, Socioeconomic Status and Specific Depressive Criterion in Urban and Rural Populations."

1987-1990 Depression: Awareness, Recognition, and Treatment. National Institute of Mental Health Grant #STC-9 T15MH 8889-01.
Developer, researcher, presenter, trainer.

TECHNICAL WRITING

Heaps, R. A. , Johnson, S. and Norman, J. L. (1995). Direct Practice Skills Workbook. Brigham Young University: Counseling and Development Center.

(2005). Self-Study Document, Comprehensive Clinic, Brigham Young University.

CURRENT PROFESSIONAL ASSOCIATIONS

Member, National Association of Social Workers

Member, Council on Social Work Education

LCSW, State of Utah, license #: 22-123392-3501

UNIVERSITY SERVICE

Administrative

2002-2007 Director, Comprehensive Clinic

2004-2005 BYU School of Social Work
Five Year Plan, Committee Member

1995-1996 BYU School of Social Work
Undergraduate Coordinator and BSW Admissions Committee

Committees

2007-2008 BYU School of Social Work
Rank and Status Committee, Member

2005-2008 BYU School of Social Work
Curriculum Committee, Practice Chair

2002-2003 BYU School of Social Work
Curriculum Committee, Member

2002- Present NASW, Utah Chapter/BYU Unit
Faculty Advisor

2001-2002 College Committee: National Advisory Council

2000-2002 BYU School of Social Work
Curriculum Committee

1999-Present College Committee: ORCA Student Proposal Reviewer

1999-2002 BYU School of Social Work
Exceptions Committee, Chair

1999-2002 BYU School of Social Work
Convocation Committee, Chair

1998-1999 BYU School of Social Work
Executive Committee

1996-1998 BYU School of Social Work
Graduate Admissions Committee

1994, October Conference Planning Committee, "Advocacy for Children and Families,"
BYU.

1993, November	Conference Planning Committee, "Advocacy for Children and Families," BYU.
1992-1994	NASW, Utah Chapter, Vice President
1992-1993	BYU School of Social Work Curriculum Committee
1992, October	Conference Planning Committee, "Advocacy for Children and Families," BYU.
1991-1995	BYU School of Social Work Faculty Search Committee
1991-1992	University Committee Member: Evaluation of Joint Doctoral Program (Sociology, Family Sciences).
1991-1993	Comprehensive Clinic Committee Member, Quality Assurance.
1991-Present	NASW, Utah Chapter, BYU Faculty Liaison
1990-Present	Program Director, Social Work Comprehensive Clinic
1990-1991	BYU School of Social Work MSW Admissions Committee
1988-1990	ABC Child Care Legislative Task Force, Agency Liaison, then volunteer (State of Utah).
1988-1989	NASW, Utah Chapter Committee Member, Social Policy and Action

Professional and Community Activities

2006 (March)	Weber State University Department of Social Work, Ogden, Utah. External Review Committee member, Reaccreditation Process.
2003- 2006	President, Church Women's organization Planning and response to educational, social, spiritual, and physical needs
2000-2003	Counselor to President, Church women's organization

- 2001, September External Faculty Reviewer for Rank and Promotion: Layne Stromwell, School of Social Work, Arizona State University.
- 2000, October Norman, J.L. Women and depression. LDS Family Services. Statewide training. Salt Lake City, Utah.
- 1999 October Norman, J.L. Self-Determination, Ethics, and Values. NASW/Utah Chapter. University of Utah.
- 1996-1998 National Association of Social Workers (NASW)/Utah Chapter. Vice President.
- 1997, May Norman, J.L.. Depression: AWhat Is It?@ and AGetting Up From Feeling Down.@ (Women=s Conference, BYU)
- 1996, May Norman, J.L.. AAwake My Soul: Awareness and Treatment of Depression.@ (Women=s Conference, BYU)
- 1996, November Women=s Research Institute Presentation. AThe Relationship Between Social Supports, Socioeconomic Status and Specific Depressive Criterion Among Women in Rural and Urban Populations.@
- 1992-1996 Counselor to President, Church women's organization
- 1995, January Women's Services and Resources Brown Bag Luncheon Presentation, "The Many Faces of Depression."
- 1994, February Women's Services and Resources Brown Bag Luncheon Presentation, "Overview of Depression."
- 1994, February 10 "Managing Depression"
Presentation for Women's Services and Resources, BYU.
- 1993, November 9 "Focus on Feminism"
Panel Discussion, Moderator.
Presented by National Association of Social Workers/BYU Chapter
- 1992, March "Ethics and Professional Boundaries."
Panel Discussion, Moderator.
Presented by NASW/BYU Chapter.
- 1991, October "Treatment Approaches for Victims of Ritual Abuse."
Panel Discussion, Moderator.
Presented by NASW/BYU Chapter.
- 1991, February "Anger, Anger Control."
Panel Discussion. Moderator.

Presented by NASW/BYU Chapter

1990, November

"The Role of Forgiveness in Psychological Well-Being"
Panel Discussion, Moderator.
Presented by NASW/BYU chapter.